

**Abstract**

**Title:** [Comparison of Mental Health Service Utilization by Asian Americans and Non-Hispanic Whites versus Their Cardiovascular Care Utilization.](https://urldefense.proofpoint.com/v2/url?u=http-3A__www.ncbi.nlm.nih.gov_pubmed_29062627&d=DwMEaQ&c=clK7kQUTWtAVEOVIgvi0NU5BOUHhpN0H8p7CSfnc_gI&r=iFavz6KbtuaSFObSvuCXnLmt5VbY86Jha1tKLeBFedI&m=u3wANIycS7IL0Vv38RQxCqEeb2uFzyScpJ63iWNk3OQ&s=IJiZbZpNdnreDWWFJ48USy04-qAolHncRiv2tEn5kj8&e=)

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**Abstract:**

#### INTRODUCTION:

#### This study will determine whether racial/ethnic disparities persist in various psychiatric disorders among Asian Americans.

#### METHODS:

#### Secondary analyses of data from the second largest public health system in the US (total N=22294) were performed. Chi-squared statistics were used to compare the race for mental health service utilization for five psychiatric diagnoses. Cardiovascular care utilization by Asian Americans and non-Hispanic whites was used as a proxy for overall healthcare utilization rates between the two racial groups and constituted the expected values for the analysis.

#### RESULTS:

#### Asian Americans were less likely to utilize mental health services for bipolar disorder, schizophrenia, anxiety, depression, and intellectual disabilities.

#### CONCLUSION:

The results of this study call for ways to increase mental health service utilization on par with cardiovascular healthcare utilization among Asian Americans.